

# DISCOVER



## Learn More

How the CPP Can Help

[Click here](#) to find out how to apply for the program.

Pelham's Community Paramedic Program operates in collaboration with the Middle Alabama Area Agency on Aging (M4A) and is funded by a grant through Shelby County's [PANDA Project](#)

We can connect you with these resources:

- Caregiver assistance
- Chronic disease self-management
- Senior services
- Mental health/substance abuse
- Medication therapy management
- Medicare/Medicaid Counseling
- Wellness checks

## COMMUNITY PARAMEDIC PROGRAM Care Beyond the Call

Day-to-day living can be a challenge for those with chronic health issues and their caregivers. The Pelham Fire Department hopes to bring peace of mind and connect people to resources through the Community Paramedic Program.

Adam Moore heads up the program. As a firefighter and paramedic, he sees people when they're in desperate situations. "The Community Paramedic Program is built on the premise of stopping the 'no resolution calls'". By this, he means that when someone with a medical emergency calls 9-1-1, there are two options: go to the hospital, or sign a refusal of care. "And that's it. With the Community Paramedic Program, residents have a third option. We can help find the root cause of the problem, get them help and assist them down the road so hopefully, that crisis never happens again."

Linda Cave moved from Florida to Pelham to care for her elderly father. After several medical emergencies, Pelham firefighters could see Cave needed some help and suggested she contact Moore. "Being a caregiver is taxing. This program gave me access to find a sitter a few times a week, free of charge, so I can get out to buy groceries, go to my doctor appointments, or just have a break," Cave said.

Anyone who lives in Pelham is eligible to participate in the Community Paramedic Program. While the main focus is on providing help to those with Alzheimer's and Dementia, it also serves people with special needs, those who may have a physical disability, and people who find themselves in a caregiver situation.

## Going Strong at 90

Residents of the Chandalar Subdivision are familiar with the showstopping yard on Chandalar Lane. At 90 years old, homeowner Edward Brasher still cuts his grass, does his edging, and even shakes things up by tearing out the landscaping and starting over every five years or so.

Brasher, a retired Lieutenant Colonel in the Air Force, and a former employee of Union Oil Company moved to his home in Chandalar 33 years ago. He set out to make the yard a showpiece and even built a feature fountain himself. He is a four-time winner of the Pelham Beautification Board Award and a four-time winner of the Chandalar Yard of the Month Award.

Brasher, who appears much younger than his 90 years, said his secret is staying active. "I know people who retired and went home and sat around. They were gone in a few years. I keep active to stay alive."

The entire neighborhood seems to take inspiration from Brasher's efforts. Surrounding houses have beautifully landscaped yards, and you'd never know an EF-2 tornado caused damage just over a year ago. As long as he is able, you can count on Edward Brasher's yard to be a welcome sight to all who drive down Chandalar Lane.



Edward Brasher proudly stands in the yard he still maintains at 90 years of age.



Brasher built the centerpiece fountain in the early 1990's.



Brasher said this rose bush is one of his favorites, with three colors on one plant.



Another view of Brasher's lawn.