

◀ July		August 2019						September ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
				1 5:30PM-6:30PM REV + FLOW STUDIO 2 6:30PM-7:30PM REFIT STUDIO 2	2	3		
4 4:00PM-4:45PM BALLROOM DANCING INTERMEDIATE MULTIPURPOSE 5:00PM-5:45PM BALLROOM DANCING BEGINNER MULTIPURPOSE	5 5:30PM-6:30PM BARRE STUDIO 2	6 5:30PM – 6:30PM SPIN- CORE MULTIPURPOSE 5:30PM – 6:30PM REV +FLOW STUDIO 2 6:30PM-7:30PM REFIT STUDIO 2	7 5:30PM – 6:30PM IN-TRINITY MULTIPURPOSE 6:30PM-7:30PM YOGA MULTIPURPOSE	8 5:30PM-6:30PM REV + FLOW STUDIO 2 6:30PM-7:30PM REFIT STUDIO 2	9	10		
11 4:00PM-4:45PM BALLROOM DANCING INTERMEDIATE MULTIPURPOSE 5:00PM-5:45PM BALLROOM DANCING BEGINNER MULTIPURPOSE	12 5:30PM-6:30PM BARRE STUDIO 2 6:30PM-7:30PM ZUMBA MULTIPURPOSE	13 8:45AM-9:45AM REV + FLOW STUDIO 2 5:30PM – 6:30PM SPIN- CORE MULTIPURPOSE 5:30PM – 6:30PM REV +FLOW STUDIO 2 6:30PM-7:30PM REFIT STUDIO 2	14 5:30PM – 6:30PM IN-TRINITY MULTIPURPOSE 6:30PM-7:30PM YOGA MULTIPURPOSE 5:30PM-6:30PM REV + FLOW STUDIO 2 6:30PM-7:30PM REFIT STUDIO 2	15 8:45AM-9:45AM REV + FLOW STUDIO 2 5:30PM-6:30PM REV + FLOW STUDIO 2 6:30PM-7:30PM REFIT STUDIO 2	16	17		
18 4:00PM-4:45PM BALLROOM DANCING INTERMEDIATE MULTIPURPOSE 5:00PM-5:45PM BALLROOM DANCING BEGINNER MULTIPURPOSE	19 5:30PM-6:30PM BARRE STUDIO 2 6:30PM-7:30PM ZUMBA MULTIPURPOSE	20 8:45AM-9:45AM REV + FLOW STUDIO 2 5:30PM – 6:30PM SPIN- CORE MULTIPURPOSE 5:30PM – 6:30PM REV +FLOW STUDIO 2 6:30PM-7:30PM REFIT STUDIO 2	21 5:30PM – 6:30PM IN-TRINITY MULTIPURPOSE 6:30PM-7:30PM YOGA MULTIPURPOSE 5:30PM-6:30PM REV + FLOW STUDIO 2 6:30PM-7:30PM REFIT STUDIO 2	22	23	24		
25 4:00PM-4:45PM BALLROOM DANCING INTERMEDIATE MULTIPURPOSE 5:00PM-5:45PM BALLROOM DANCING BEGINNER MULTIPURPOSE	26 5:30PM-6:30PM BARRE STUDIO 2 6:30PM-7:30PM ZUMBA MULTIPURPOSE	27 8:45AM-9:45AM REV + FLOW STUDIO 2 5:30PM – 6:30PM SPIN- CORE MULTIPURPOSE 5:30PM – 6:30PM REV +FLOW STUDIO 2 6:30PM-7:30PM REFIT STUDIO 2	28 5:30PM – 6:30PM IN-TRINITY MULTIPURPOSE 6:30PM-7:30PM YOGA MULTIPURPOSE 5:30PM-6:30PM REV + FLOW STUDIO 2 6:30PM-7:30PM REFIT STUDIO 2	29 8:45AM-9:45AM REV + FLOW STUDIO 2 5:30PM-6:30PM REV + FLOW STUDIO 2 6:30PM-7:30PM REFIT STUDIO 2	30	31		