

SUMMER 2021 | MAY-AUGUST
PROGRAM GUIDE



PELHAM

PARKS & RECREATION

300 BALLPARK ROAD, PELHAM, ALABAMA 35124

HOW DO I....

REGISTER FOR PROGRAMS

Visit www.pelhamalrecreation.gov and click the Online Registration Quick Link. You must create an account before you can register for any sports or activities. Payment is accepted online or at the Recreation Center front desk.

ACCOMODATIONS

We proudly support the Americans with Disabilities Act and encourage participation by everyone. To request special accommodations in order to participate in our programs or use our recreation facilities, please call 205.620.6426.





OUR STAFF

D. Tyrell McGirt, Director
dtmcgirt@pelhamalabama.gov | 205.620.6426

Alicia Walters, Assistant Director
awalters@pelhamalabama.gov | 205.620.6426

Kevin Tauber, Parks Supervisor
ktauber@pelhamalabama.gov | 205.296.4129

Carlton Seward, Operations Supervisor
cseward@pelhamalabama.gov | 205.620.6426

FACILITIES & PARKS

- Recreation Center
- Pelham Greenway Trail
- City Park Complex
- Senior Center
- Dog Park
- Carroll Park
- Coker Park
- Fun Go Holler Park
- Creekview Neighborhood Park



Pelham Parks & Recreation



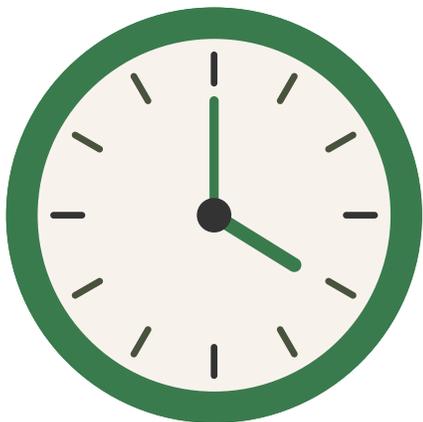
PelhamParksRec



RECREATION CENTER

WHAT WE OFFER

Recreation center amenities, walking track, exercise equipment, and gymnasium are available to members only. Memberships are available to Pelham residents and Pelham business owners & employees over the age of 19. Fitness classes are included in membership. Non-members pay \$5/class. Children under the age of 14 must have supervision while in the Recreation Center. We offer reservations for our gym, conference room, and multi-purpose room.



HOURS OF OPERATION

Monday-Thursday | 7:00am-9:00pm

Friday | 7:00am-8:00pm

Saturday | 7:00am-6:00pm

Sunday | 1:00pm-6:00pm

*Holiday Closings: May 31st | July 4th

MEMBERSHIP INFORMATION

Individual Membership | \$100/Year or \$10/Month

Must be a resident of Pelham and at least 19-years of age.

Family Membership | \$200/Year or \$20/Month

Must be a resident of Pelham and includes all members living in the same home.

Corporate Membership | \$200/Year/Individual

Must be employed with a business or organization in Pelham.

SilverSneakers/Renew Active | FREE

Must present Silver Sneakers membership card. This allows individuals age 65+ access to walking track, weight & cardio equipment, and Silver Sneakers certified group exercise classes.

RESERVATION & RENTAL INFORMATION

Facility Use	Cost	Deposit Information
Recreation Center*	\$2,540/Day	\$625 due 60 days prior to event
Gymnasium: 2 Regulation Courts*	\$200/Hour or \$750/Day	\$50 due 30 days prior to event
Gymnasium: 1 Regulation Court*	\$140/Hour or \$500/Day	\$50 due 30 days prior to event
Conference Room	\$40/Hour	\$25 due 30 days prior to event
Multipurpose Room (Half)	\$40/Hour	\$25 due 30 days prior to event
Multipurpose Room (Full)	\$75/Hour	\$25 due 30 days prior to event
Baseball/Softball Field Complex*	\$600/Day	\$200 due 30 days prior to event
Baseball/Softball Field (1)	\$80/2 Hours	
City Park Baseball Pavilion	Free 2 Hours max	Reservation required
City Park Outdoor Sports Pavilion	Free 2 Hours max	Reservation required

* Indicates a site supervisor is required at a rate of \$40/Hour

COVID-19

Due to the COVID-19 pandemic and the Governor's Safer At Home health order, class sizes are limited and participant to instructor ratios are in place. All program participants are encouraged to wear face coverings and practice social distancing during their participation until the orders expire.

As the order is amended, we will continue to evaluate programming to determine necessary modifications and/or additions to allow us to provide recreational and entertainment options with an emphasis on community health and safety, so please expect updates as we go.

PLEASE CALL US WITH ANY QUESTIONS | 205.620.6426
VISIT OUR WEBSITE | WWW.PELHAMALRECREATION.GOV

EXPLORE PELHAM



Ballantrae Golf Club

Holes: 18 | Par: 72 | Yardage: 7,310

Open to the public

Memberships available

Golf lessons

Fireside Grill

www.ballantraegolf.com | Phone: 205.620.4653

Pelham Racquet Club & Tennis Center

Clay courts: 20 | Hard courts: 5

Memberships available

League play

Tennis lessons and clinics

www.pelhamracquetclub.com

Phone: 205.621.3380



Pelham Civic Complex & Ice Arena

Public skate times & lessons

Youth hockey

Home of Birmingham Bulls Hockey

Banquet hall reservations

www.pelhamciviccomplex.com

Phone: 205.620.6448



Oak Mountain State Park

Alabama's largest state park inside our city

Mountain biking & hiking

BMX track

Beach & swimming area

Alabama Wildlife Center

Oak Mountain Interpretive Center

www.alapark.com

Phone: 205.620.2520





HOURS

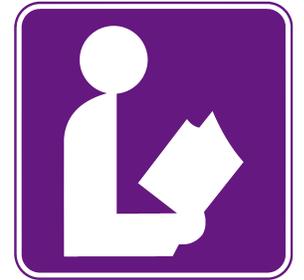
Mon-Thu 9:00am-8:00pm

Fri 9:00am-5:00pm

Sat 10:00am-5:00pm

Holiday Closings: May 31 | July 5th

The library is open and ready to serve the community. Stop in for a book or movie, use a computer, or ask a librarian a question. Library cards are free for county residents!



ANNUAL SUMMER READING PROGRAM

Adult Reading Program

June 1-July 31

Teen Reading Program

June 1-July 24

Children Reading Program

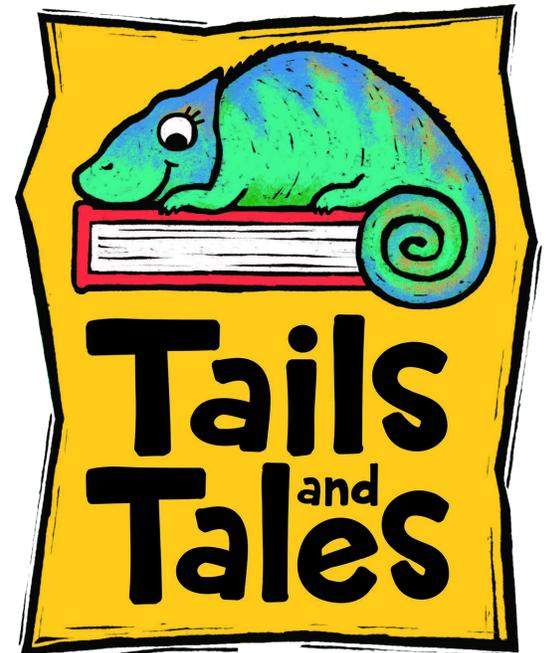
June 1-July 24

Join us for another fun summer of stories, activities, prizes, and fun!

Register at www.pelhamlibraryal.gov



Beanstack



2000 Pelham Park Blvd

205-620-6418

www.pelhamlibraryal.gov

pelhampubliclibrary@pelhamalabama.gov

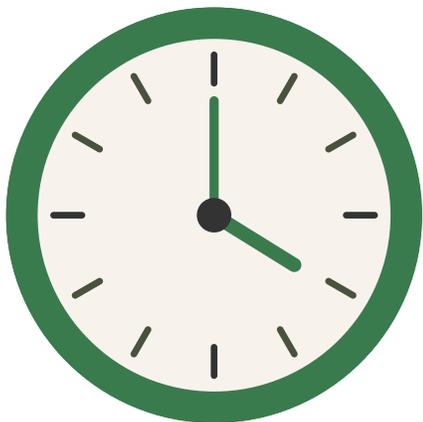


SENIOR CENTER

OUR MISSION

The mission of the Pelham Senior Center is to positively impact our community by creating opportunities for healthy aging through social engagement, physical well-being, civic involvement and lifelong learning.

The Pelham Senior Center provides opportunities for individuals 55+ living in Pelham or Shelby County to develop meaningful friendships, enrich their minds, serve the community, and help maintain physical health through wellness programs.



HOURS OF OPERATION

Monday-Friday | 9:00am-3:30pm

STAY CONNECTED BY FOLLOWING OUR UPDATES

 PELHAM SENIOR CENTER



ACTIVE ADULTS

Pelham Parks & Recreation provides opportunities for individuals 55 and older living in Pelham/Shelby County to improve their talents, enrich their minds, give service in the community, develop meaningful friendships, and help maintain physical health through health and wellness.

Your health remains our top priority. We continue to monitor COVID-19 state health guidelines and will evaluate/modify programming accordingly. It is our goal to provide recreational and entertainment options while promoting community health and safety. Please expect updates in the weeks ahead.

All classes and programs require pre-registration to ensure we meet current safety requirements. Register by contacting the Pelham Recreation Center at 205.621.4773.

*Some virtual programming may be held in person at the Pelham Senior Center when it re-opens.

CRAFTING TOGETHER

Day: Tuesday Date: June 14, July 19, August 9
 Cost: \$3 Time: 1:00pm-2:30pm
 Age: 55 & older Where: TBD

Let's get creative together and have fun making seasonal crafts. All supplies are provided and no experience is necessary. A sample of each craft will be posted on the Pelham Senior Center Facebook page.

Space is limited and advance registration is required. **Registration for each craft begins at the beginning of each month.**



DRUMMING PROGRAM

Day: Monday Date: May 10, July 12
 Cost: FREE Time: 1:00pm-1:50pm
 Age: 55 & older Where: Rec Center

Did you know simply drumming for 50 minutes improves your coordination and lifts your mood? No experience necessary. An instructor will lead the class in a drum circle style. Come and join in to see how drumming allows you to enjoy the moment.

Space is limited and advance registration is required. **Registration begins at the beginning of each month.**

DRIVE-UP BINGO

Day: Thursday Date: May 13
 Cost: FREE Time: 10:00am-10:45am
 Age: 55 & older Where: Senior Center
 Parking Lot

Bingo increases alertness and hand-eye coordination and is so much fun! Stay in your car or bring a chair to sit outside your car and enjoy playing bingo together in the Senior Center parking lot. Disposable cards will be provided. Please bring your own pen/marker.

Space is limited and advance registration is required. **Registration begins at the beginning of each month.**

BINGO AT THE REC CENTER

Day: Thursday Date: June 10, July 22
 Cost: FREE Time: 10:00am-10:45am
 Age: 55 & older Where: Rec Center Gym

We know how much you love to play bingo. Since it's too hot to meet outside, we will meet at the Pelham Rec Center where we can maintain proper social distancing but still connect. Reusable bingo cards & markers will be provided.

Space is limited and advance registration is required. **Registration begins at the beginning of each month.**





PATRIOTIC CELEBRATION & ENTERTAINMENT

Day: Thursday

Date: July 1

Cost: FREE

Time: 10:00am-11:00am

Age: 55 & older

Where: Rec Center



Patriotic music brings us together, creates camaraderie and lifts our spirits. Come celebrate and connect with your friends. We will meet in the Pelham Recreation Center gymnasium where we can spread out and enjoy amazing music by Chuck King and his band.

Space is limited and advance registration is required.

VIRTUAL PROGRAMS

FUNCTIONAL FITNESS

Facebook LIVE

Day: Monday

Date: May 3-May 24

Cost: FREE

Time: 10:30am-11:15am

Age: 55 & older

Where: ONLINE

This class will focus on functional fitness; joint mobility, cardio, muscle strength, balance and endurance in order to improve the performance of daily activities. This class will stream live on the Pelham Senior Center Facebook page to allow you to exercise while staying at home.

Registration not required.

ZOOM LET'S GARDEN

Day: Wednesday

Date: May 19, June 16, July 21,

Cost: FREE

August 18

Age: 55 & older

Time: 1:00pm-2:00pm

Where: ONLINE

Join us to discuss the basics of gardening! Topics are flexible, but may include container gardening, growing great tomatoes, understanding the role of the sun, water and nutrients in growing a great garden and the best herbs to grow for use in your favorite recipes.

Advanced registration required. **Registration begins at the beginning of each month.**



ZOOM HOME SCAVENGER HUNT

Day: Monday

Date: July 26

Cost: FREE

Time: 1:00pm-2:00pm

Age: 55 & older

Where: ONLINE



Let's have a virtual party! You will be given a list of items and a timeframe to find the items in your home. Let's get moving, interacting and have fun coming together.

Registration begins at the beginning of each month.

MORE OPTIONS

Check out classes that are offered at the Pelham Recreation Center that Active Adults (55 & better) might be interested in. Additional details are listed elsewhere in this program guide.

- Improver Line dancing
- Intermediate Line dancing
- Line Dancing Clinic
- Silver Sneakers/Renew Active Fitness Class
- Pickleball - Open play
- Tai Chi





FITNESS & WELLNESS

Pelham Parks & Recreation offers many ways to stay fit, healthy, and active with group fitness. We offer classes a wide variety of classes, including cardio fitness, strength training, and mind and body wellness.

Group fitness classes are included in a Recreation Center membership. Non-members can attend fitness classes for \$5/class. Due to limited space, if you do not cancel your reservation within 24 hours of the class or do not attend a class, you will be charged a \$2 no-show fee.

CALL FOR INSTRUCTORS

Work has begun on the next program guide, and we are always looking for new classes and activities to offer. If you have a hobby or skill that you would like to teach to others, please contact Pelham Recreation Center at 205.620.6426 or email Assistant Director Alicia Walters at awalters@pelhamalabama.gov



YOUTH SPORTS

Pelham Parks and Recreation offers youth athletic programs that stress high participation, recreation, and sportsmanship. These programs are provided through a variety of structured leagues, with all Pelham teams run by the Parks and Recreation staff.

Each league is run according to established rules and regulations, with the City having rules and a Code of Conduct specific to each sport. Athletic participants, volunteer coaches and parents are subject to basic rules, which emphasize sportsmanlike behavior and the recreational nature of city leagues.



CALL FOR COACHES

Do you want to get involved with Pelham youth athletics? We are looking for volunteer coaches with experience at all levels. Opportunities vary. Background checks are required of all volunteers and are provided free by Pelham Parks & Recreation. Prior to each season, coaches will be required to attend a training/meeting. Please contact Alicia Walters at alwalters@pelhamalabama.gov to get an application.

We offer the following youth sports:

Basketball	Volleyball	Football
Baseball	Soccer	Flag Football
T-Ball	Start Smart Soccer	
Softball	Cheerleading	

PARENT MEETING

Day: Wednesday	Date: June 16
	Time: 6:00pm-7:30pm
Day: Sunday	Date: June 27
	Time: 4:00pm-5:30pm
Cost: FREE	Where: Pelham Civic Complex

This meeting is for all parents/guardians of children who plan to register a child in youth recreational sports between June-December. This is a great opportunity to meet other parents and learn more about the Pelham Youth Sports program. You only need to attend one of the two meetings.

We will discuss:

- The philosophy of Pelham Youth Sports
- The importance and benefits of participating in youth sports
- What sports we offer
- How you, as a parent, can be involved

Online registration: April 12-June 26

CO-ED FLAG FOOTBALL

Day: Tuesday/Thursday Dates: June 8-July 22
 Cost: \$55 Time: 6:15pm-7:30pm
 Age: Entering grades Where: Pelham City Park
 K-6th (Pelham residents)

Flag football is coming to Pelham and is open to girls and boys! This summer program is designed to provide an opportunity for our youth to actively participate in learning the game of football, while developing athletic skills.

The focus of this program is on enjoyment of the game, participation and skill development. The first two weeks will be practice. Teams will play games at least once a week for the remaining four weeks.

Online registration: April 12-May 4

CHEERLEADING

Day: Any Dates: July-November
 Cost: \$180 Time: 6:00pm or 7:15pm
 Age: Entering 1st-6th Where: Multiple Parks
 grades

Games are played on weekdays against teams from surrounding communities. Cheerleaders will receive a cheer uniform and a camp shirt.

Cheerleaders who wear their camp shirts to Pelham High School home football games receive free admission.

Online registration: April 12-June 4

TACKLE FOOTBALL

Day: Any Dates: July-November
 Cost: \$180 Time: 6:00pm or 7:15pm
 Age: Entering 1st-6th Where: Multiple Parks
 grades

Games are played on weekdays against teams from surrounding communities. Game jersey/pants are provided.

Players who wear their jerseys to Pelham High School home football games receive free admission.

Online registration: April 12-June 4

VOLLEYBALL

Day: Tuesday/Thursday Dates: Late August-
 Cost: \$80 October
 Age: Entering 3rd-6th Time: 6:00pm & later
 grades Where: Rec Center

This program emphasizes the basic fundamentals of the sport, along with a combination of teamwork, sportsmanship and fun. Practices will be Tuesdays and Thursdays.

Online registration: April 12-August 16



FALL T-BALL (CO-ED)

Day: Any Dates: September-October
 Cost: \$80 Time: 6:00pm
 Age: 4 Where: Multiple Parks

T-Ball is the perfect introduction to baseball and softball for younger players. Our instructional program helps children develop the primary skills of hitting, running, fielding and throwing in a fun and active environment. Players begin to learn the basic rules of the game while building self-esteem and learning sportsmanship and teamwork.

Please bring your own water bottle and equipment to each practice. Games and practices will be held during the week against teams from Alabaster, Calera, Helena and Montevallo. Participants must be 4 years old on or before September 1, 2021.

Online registration: April 12-August 16

BASKETBALL SKILLS TRAINING (CO-ED)

Day: Wednesday Dates: May 5 & 19
 Cost: \$30/session June 2 & 16
 Age: 6-17 July 7 & 21
 Time: 6:30pm-7:30pm
 Where: Rec Center Gym

This one-hour skills clinic conducted by RMT Training is built to fit the needs of each participant through group skill training. There will be two groups: beginner and intermediate to allow for more specific skill development. Please wear a mask and bring your own basketball and water bottle.

Online or in-person registration: April 12-July 21

FALL BASEBALL (BOYS)

Day: Any Dates: September-October
 Cost: \$80 Time: 6:00pm-7:30pm
 Age: 5-14 Where: Multiple Parks

Fall baseball is a less competitive learning program. Games and practices will be played during the week against teams from Alabaster, Calera, Helena and Montevallo. Practices will begin at the end of August.

Participants must be between the ages of 5-14 by May 1, 2021.

Online registration: April 12-August 16

FALL SOFTBALL (GIRLS)

Day: Any Dates: September-October
 Cost: \$80 Time: 6:00pm or 7:30pm
 Age: 5-14 Where: Multiple Parks

Fall softball is a less competitive learning program. Games and practices will be played during the week against teams from Alabaster, Calera, Helena and Montevallo. Practices will begin at the end of August.

Participants must be between the ages of 5-14 by December 31, 2021.

Online registration: April 12-August 16





PICKLEBALL

You asked for it and we listened.....

Pickleball is sweeping the nation, and it is all the rage in Pelham, too. It combines elements of tennis, badminton and ping pong and can be played both indoors or outdoors on a badminton-sized court with a slightly modified tennis net.

It's fun, social and friendly. The rules are simple. The game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players.

INDOOR PICKLEBALL

Day: Monday & Friday Dates: May 3-June 28 (Session 1)
 Cost: Free for members July 2-August 30 (Session 2)
 or \$10/8 weeks Time: 8:00am-12:00pm
 Age: 14 & older Where: Rec Center Gym

Open play, but space is limited. Please bring your own equipment

Online or in-person registration: April 12-June 28 (Session 1) | June 19-August 30 (Session 2)



INDOOR EVENING PICKLEBALL

Day: Monday Dates: May 3-June 28 (Session 1)
 Cost: Free for members July 5-August 30 (Session 2)
 or \$5/8 weeks Time: 5:00pm-8:30pm
 Age: 14 & older Where: Rec Center Gym

Stop by after work and enjoy this exciting sport. Open play, but space is limited. Please bring your own equipment.

Online or in-person registration: April 12-June 28 (Session 1) | June 19-August 30 (Session 2)

OUTDOOR PICKLEBALL

Day: Monday & Friday Dates: May 3-August 30
 Cost: FREE Time: 8:00am-12:00pm
 Age: 14 & older Where: City Park Outdoor Courts

Come early and beat the heat or come mid-morning and bring sunscreen. Your choice! This is open play. Please bring your own equipment. **No registration required.**

PICKLEBALL CLINIC

Day: Saturday

Dates: June 5

Cost: \$15/person

Time: 9:00am-11:00am (Beginner)

Age: 16 & older

12:00pm-2:00pm (Intermediate)

Where: Rec Center Gym

Beginner Clinic: Learn the fundamentals of pickleball:

- Game rules, shots, (serve, return, dink) scoring
- Basic strategies to give you the tools you need to enjoy the game

Intended for beginners and players new to the sport. Paddles and balls will be supplied.

Pre-registration is required.

Intermediate Clinic: Gain a greater understanding:

- How to force your opponents to make a mistake by learning how to hit un-attackable shots
- Developing a third shot drop
- Improve your forehand and backhand groundstrokes
- Teach you advanced doubles play strategies while giving you constructive in-game coaching advice

Please bring your own equipment. Pre-registration is required.

Online or in-person registration: April 12-May 31





FAMILY & YOUTH ACTIVITIES

LET'S KICK OFF SUMMER - MOVIE NIGHT

Day: Thursday

Cost: FREE

Age: All

Dates: May 27

Time: 8:00pm | Movie starts at 8:15pm

Where: City Park Football Field

Summer is here! Bring your blanket or lawn chair and enjoy the movie "Secret Life of Pets" on the large inflatable screen under the stars. Bring your favorite stuffed animal. Come early with your family, bring a picnic dinner and grab a spot for the movie! **No registration required.**

POPSICLES ON THE PLAYGROUND

Day: Monday Date: June 7
 Cost: FREE Time: 9:30am-10:30am
 Age: 1-5 Where: City Park Playground

Cherry, banana, or grape? What a great play date! While your kids make sidewalk art, you can visit with other parents. Feel free to bring your own blanket and lunch to enjoy a picnic in the park after the activities. **Online or in-person registration: April 12-June 4**

FAIRY GARDEN MAGIC

Day: Tuesday Date: June 8
 Cost: \$5/child Time: 9:30am-10:30am
 Age: 4-8 with adult Where: City Park Pavilion

A fairy garden can be a magical place. The possibilities are endless for children to use their imaginations to create and build their own enchanted space. All supplies will be provided. NOTE: Small pieces/toys will be used. **Online or in-person registration: April 12-June 5**

LET'S MAKE A DINOSAUR GARDEN

Day: Thursday Date: June 17
 Cost: \$5/child Time: 9:30am-10:45am
 Age: 4-8 with adult Where: City Park Pavilion

Imagination is one of the greatest gifts we can help cultivate in our children. This is a hands-on, interactive activity for children and adults. All supplies are included. We will take a walk on the trail to collect additional items for our dinosaur gardens. NOTE: Small pieces/toys will be used. **Online or in-person registration: April 12-June 14**

GLOW WALK & MOVIE IN THE PARK

Day: Friday Dates: July 9
 Cost: FREE or \$5 (w/Glow Walk T-shirt) Time: 6:00pm-7:30pm - Food Trucks, 7:30pm - Glow Walk,
 Age: All 8:15pm - Movie
 Where: Fungo Holler Park

Lights, Camera, Action! Pelham Parks & Recreation is proud to celebrate National Recreation & Parks Month with a full evening of outdoor food, fun, and movie entertainment. Food trucks will be available for family picnicking first. Then, we'll pass out free glow necklaces (while supplies last) and walk a 1-mile path through the park during Pelham's first-ever "Glow Walk." Finally, settle in for a family-themed movie in the park. Bring a blanket or chairs. **Online or in-person registration: April 12-July 1**



OUTDOOR PROGRAMS

FAIRY HOUSE HIKE ON THE LIGHT TRAIL & CAMPING 101

Day: Saturday Date: May 8
Cost: \$3/person Time: 9:00am-1:00pm
Age: All Where: Oak Mountain State Park

Build a fairy house out of natural elements on the Light Trail and let the magic of the woods come to life. Plus, learn how to go camping, from building a fire to setting up a tent. Participants are encouraged to dress comfortably and wear sturdy walking shoes.

Space is limited. You must register each person who plans to attend each program. If you are carrying an infant on one of the hikes, there is no charge. The fee for the program covers the gate fee at Oak Mountain State Park, as well as any additional program fees.

Online or in-person registration: April 1-May 5

GARDENING - HOUSE PLANTS 101



Day: Thursday

Dates: May 13

Cost: \$5

Time: 5:30pm-6:30m

Age: 16 & older

Where: Myers Plant & Pottery

Bright light, low light, direct light, indirect light... It can be confusing. Pile on watering, fertilizing and potting needs, too. You'll unearth the basics of keeping your indoor plants healthy and strong. Taking this class will have you well on your way to enjoying plants in your home.

Space limited. **Online or in-person registration April 12-May 10**

GARDENING - BUTTERFLIES & BEES



Day: Tuesday

Dates: June 1

Cost: \$5

Time: 5:30pm-6:30m

Age: 16 & older

Where: Myers Plant & Pottery

Without help from our insect gardeners, we wouldn't enjoy flowers and fruits all summer. Come see how you can attract and protect butterflies and bees using natural gardening tips to keep unwanted, destructive garden pests at bay and encourage desirable pollinating to enhance your beautiful summer garden.

Space limited. **Online or in-person registration April 12-May 28**





TWEENS & TEENS

TEEN FITNESS TRAINING CLASS



Day: Thursday

Date: June 3

Cost: Free for members
or \$5/child

Time: 9:30am-10:45am
or 4:00pm-5:15pm

Age: 14-15

Where: Rec Center

Regular exercise is important to teenagers because it helps maintain their physical and mental health. This class is designed to help 14 and 15 year-olds navigate the fitness equipment at the Recreation Center. They will learn the general rules, basic exercises, how to use the equipment and lifting etiquette. Space is limited to 5 participants.

Online or in-person registration: April 12-May 31

TEEN MOVIE NIGHT AT THE PARK



Day: Tuesday

Date: June 8

Cost: FREE

Time: 7:30pm - Pizza

Age: 13-18

8:15pm - Movie

Where: Fungo Holler Park

Step into the world of Jumanji: The Next Level. Grab your friends and enjoy FREE pizza (while it lasts!) and an outdoor movie at one of our community parks.

Online or in-person registration: April 12-June 6



JAMMIN' & DRUMMING



Day: Thursday

Date: July 12

Cost: \$5

Time: 11:15am-12:00pm

Age: 9-12

Where: Rec Center

Get Rhythm! With John Scalaci, an internationally known drum facilitator, teaching artist, and musician. This program is a fun hands-on experience that will teach children not only rhythmical skill, but also encourage cooperation, listening and creativity.

This session is broken down into several rhythm-based activities, which keep students engaged and active. Hand drums, as well as small percussion instruments, will be provided.

Space is limited. Advance registration is required.

Online or in-person registration: April 12-July 7



Pelham Parks & Recreation



PelhamParksRec



ART AND LEISURE

Art for Little Learners



Session 1: June 7 | 5:00pm-6:00pm (ages 4-6)

June 7 | 6:15pm-7:15pm (ages 7-10)

Session 2: July 8 | 9:00am-10:00am (ages 4-6)

July 8 | 10:15am-11:15am (ages 7-10)

Cost: \$5/person

Where: Rec Center

Session I: Nature print - Join us for a lesson on using paints, colors, and printmaking techniques. Weather permitting, we will go outside and scavenge for our own pieces of nature to use. (leaves, pine straw, etc.)

Session II: Still life - You will learn about painting your surroundings and what you see. Weather permitting, we will go outside and learn how to paint trees, flowers and other findings in nature. We will use either watercolor or acrylics based on age group.

All supplies are included. A parent/guardian must accompany the child. Space is limited. Advance registration required. **Online or in-person registration: April 12-July 7**

CHILDREN'S GLASS ART

Day: Sunday Date: June 27, August 1
 Cost: \$15 Time: 1:30pm-2:30pm
 Age: 9-13 Where: Rec Center

These classes will introduce children to a new type of art! Choose between two simple summer patterns and design your own piece of art using a painted canvas and broken, colored recycled glass. Once completed, the art will be finished with a shiny resin.

All supplies are included. No experience necessary. Come be creative, make new friends and learn something new. NOTE: Art will need at least 24 hours to dry and will be ready to pick up the following day.

Space limited. Advance registration required.

Online or in-person registration for June class:

April 12-June 24

Online or in-person registration for August class:

April 12-July 29

DESIGN YOUR OWN CRITTER CARDS



Day: Monday Date: July 19
 Cost: \$8 Time: 5:30pm-7:00pm
 Age: 7-12 with adult Where: Rec Center

Do you like to doodle? Do you love animals? You will be surprised at how quickly you can change simple shapes into cute critters with lots of personality. A few lines with a Sharpie, plus paint, and your own imagination will result in fun-filled critters that will make everyone smile. Each child and adult will create 4-5 cards.

Space is limited. Advance registration required.

Online or in-person registration: April 12-July 15

ADULT GLASS ART

Day: Sunday Date: June 27, August 1
 Cost: \$25 Time: 2:45pm-4:15pm
 Age: 15 & older Where: Rec Center

This is a COOL and FUN art class! You will choose from 2-3 patterns and then design your own art using a painted canvas and broken, colored recycled glass. Once completed, your art will be finished with a shiny resin.

All supplies are included. No experience necessary. Come be creative, make new friends and learn something new. NOTE: Art will need at least 24 hours to dry and will be ready to pick up the following day.

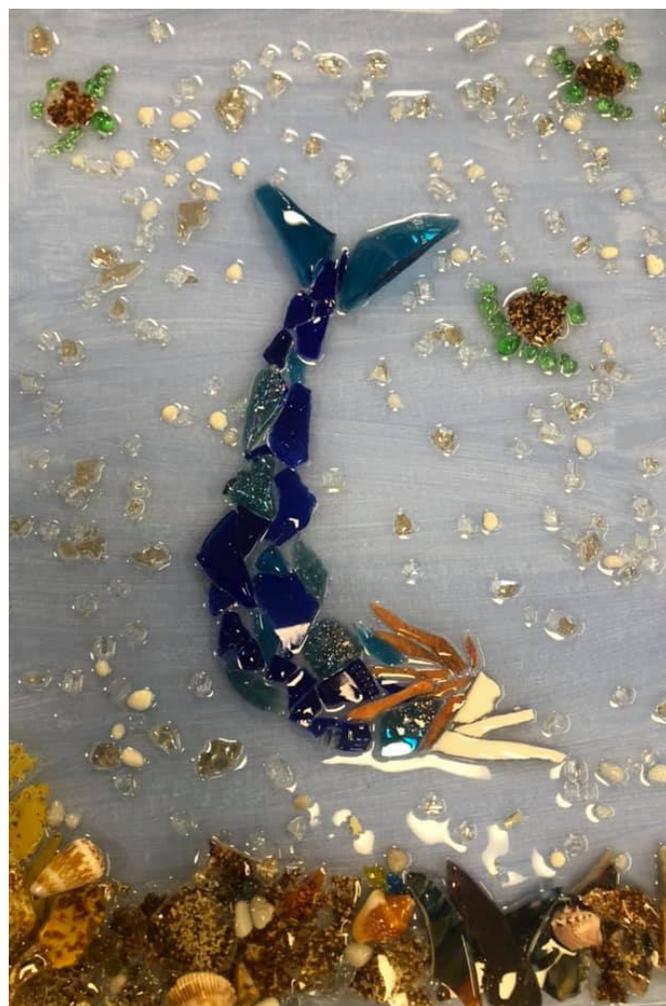
Space limited. Advance registration required.

Online or in-person registration for June class:

April 12-June 24

Online or in-person registration for August class:

April 12-July 29



LET'S GET PAINTING - BUTTON TREE



Day: Friday Date: July 30
 Cost: \$8 Time: 5:15pm-7:00pm
 Age: 8-12 w/ adult Where: Rec Center

Let's get painting! Work together to create one button tree masterpiece. We will use acrylic paint, a glue gun and more. We will serve pizza at 5:15pm. No experience necessary. Participants should wear appropriate clothing to paint.

Space limited. Advance registration required.

Online or in-person registration: April 12-July 27



TAI CHI

Day: Friday Date: May 7-May 28
 Cost: \$2/class Time: 1:00pm-2:00pm
 Age: 18 & older Where: Rec Center

Tai Chi is a graceful, slow-moving, mind and body art form. Benefits of this 8-week program include enhanced mental clarity, improved balance and increased flexibility, strength, and range of motion. Wear soft-soled shoes and bring your own water. Space limited. **Online or in-person registration opens one week prior to the class.**



BEGINNING BALLROOM

Day: Friday Dates: May 7-June 11
 Cost: \$5/person June 18-July 23
 Age: 16 & older Time: 6:00pm-7:00pm
 Where: Rec Center

This 6-week program is for anyone who has never danced before but wants to learn the basic skills to start moving on the dance floor. Couples are required, and class sizes are limited to 6 people to allow for proper social distancing. Masks or face coverings are also required for this class.

Online or in-person registration: April 12-July 23

INTERMEDIATE BALLROOM

Day: Friday Dates: May 7-June 11
 Cost: \$5/person June 18-July 23
 Age: 16 & older Time: 7:00pm-8:00pm
 Where: Rec Center



This class will focus on teaching more diverse figures while continuing to practice the basics you already know. Couples are required, and class sizes are limited to 6 people to allow for proper social distancing. Masks or face coverings are also required. See instructor prior to attending.

Online or in-person registration: April 12-July 23

LINE DANCING (IMPROVER)

Day: Tuesday Date: May 4-May 25
 Cost: \$2/class Time: 11:00am-12:00pm
 Age: 18 & older Where: Rec Center

This class is for experienced beginners (between beginner and intermediate). Students have mastered more complex steps and count changes with syncopation. Routines are 32 count, 48 count or 64 count. Dances are set to music and may include turns, multiple tags and secondary upper body movements. Soft-soled and closed-toe shoes required.

Space is limited. **Online or in-person registration opens one week prior to the class.**

LINE DANCING WORKSHOP

Day: Sunday Dates: August 1
 Cost: \$15 Time: 1:30pm-4:30pm
 Age: 18 & older Where: Rec Center Gym

Join us for a fun afternoon of line dancing led by instructors Jackie Tally and Faye Smitherman. This workshop is for those that are currently taking line dancing classes. The workshop moves at a faster pace than a regular class.

You will learn six new dances: two new "improver" level and four beginner level and there will be time to dance your favorites between instruction.

Space is limited and pre-registration is required.
Online or in-person registration: April 12-July 28

LINE DANCING (INTERMEDIATE)

Day: Tuesday Date: May 4-May 25
 Cost: \$2/class Time: 9:30am-10:30am
 Age: 18 & older Where: Rec Center

This class is designed for those who have been dancing for some time and have mastered complicated steps and upper body movements. Routines are 32 count, 48 county or 64 count. Music can be faster with multiple restarts and tags. In this class, the step combinations become less repetitive and have more variety. Intermediate dances offer varying degrees of challenge. Soft-soled and closed-toe shoes required.

Space is limited. **Online or in-person registration opens one week prior to the class.**





PET FRIENDLY

BEGINNER DOG OBEDIENCE CLASS

Day: Sunday Dates: May 16-June 20
Cost: \$225 Time: 2:00pm-3:00pm
Age: 18 & older Where: Rec Center
 Multipurpose Room

This six-week course taught by Anthony Rodriguez, CPDT, KAS of "Love Them Train Them," is designed for both puppies and adult dogs (12 weeks and older). Owners and dogs will both be instructed, so the dog learns to respond to its human family member, not just to the trainer!

Included in the curriculum are commands such as sit, down, stay, and come, plus leash walking instructions and even a couple of tricks! Students will also learn how to teach their pets to wait at the doorway, how to sit for petting, and how to "leave it!" Our courses are family-friendly, Children ages 8 and up are strongly encouraged to attend and be active participants in their dog's learning. The class will be held inside and limited to 3 dogs. Due to COVID-19, attendance is limited to two handlers per dog.

Online or in-person registration: April 12-May 12

KID'S CLINIC: LEARN HOW TO SPEAK DOG



Day: Tuesday Date: June 15
 Cost: \$8 Time: 1:00pm-2:00pm
 Age: 5-9 w/ adult Where: Rec Center

"Love Them Train Them" values the importance of keeping children safe around pets by teaching them to understand the ways that dogs communicate. Learning will be interactive and hands-on, as the children role-play how to handle difficult situations with their pets.

Topics include:

- Be a dog detective! Students will learn canine body language.
- Learn what the "bite zone" is and how to avoid it.
- Learn how to properly pet dogs to avoid frightening them or getting snapped at.
- Learn what to do if approached by a stray dog.
- Learn when it's not okay to approach their own dog or a friend's dog and what to do if they growl.

Space is limited. **Online or in-person registration: April 12-June 10**

CELEBRATE THE DOG DAYS OF SUMMER NATIONAL DOG DAY



Day: Thursday Date: August 26
 Cost: FREE Time: 6:00pm-8:00pm
 Age: All Where: Pelham Dog Park

Stop by the Pelham Dog Park and let your furry friends run and romp together. Bring a chair, grab a bite from a food truck and enjoy the park! We will also have music, "doggie pools," and a special treat for "Fido."

Registration is not required but encouraged. **Online or in-person registration: April 12-August 23**



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